Alliance For Life International©



Report From Uganda

June 1, 2026

Dear Friends of the Alliance,

Greetings you all! This year is flying by! With God's grace, we try to live each moment to the fullest, having been promised an abundant life. Back from Uganda two weeks ago, after a 2-month stay, we're adapting to not-so-sunny California, knowing that nice weather is just around-the-corner.

We'll try to recap the work of the Alliance in Uganda during our stay, starting with the Pregnancy Resource Center. Gertrude came for a visit with her 14 months old in tow. We had followed her throughout her pregnancy and made contact again when she came back to our area after delivering the baby in the family village. She is having difficulties making ends meet. She asked us if we could help her find at least one other customer for laundry and cleaning services. We advertised her services in the local WhatsApp group and she found a new client! Praise God!

Gertrude was followed by Natasha and Beatrice, both mothers of 3 young children. We blessed them with children clothing, counseling, and prayer while they sipped tea and ate freshly baked donuts. During my stay, we helped three other ladies, all on the brink of delivery: Victoria, a married mother of 3, with baby clothing, counseling, and prayer; Christine, a single mother who was depressed and anxious, needing referral for delivery care; and Caroline, a supermarket staff who revealed a very precarious situation surrounding the birth of her first child, expected very soon. We identify needs and try to meet them the best we can: paying for an ultrasound, or part of the delivery care, referrals, baby clothing, a visit post birth with gift of food staples and baby necessities, and always listening, counseling, prayer and frequent follow-up. Interestingly, we never fail to help because God is always in the mix.

One of our goals, this trip, was to start a vegetable garden on our premises. We inquired from our neighbors, as we are seeking agreement. They all consented but the last one added: are you ready to deal with brown rats? Apparently, they come with it! We're not farmers, but bakery owners! We realized we could not deal with this, so the landlord planted grass in that area instead.

Freed from that expense, we focused on repairing equipment: the microwave, the printer, Emily's computer, the ovens, installing an additional electrical outlet, acquiring a new pan to fry donuts, a new kettle, and an additional fire extinguisher.

On the bakery side, we decided to go back to ordering our own printed bags instead on relying on generic bags and labels. We still have our printing plate. The order is in. It entails paying up front for several months' worth of bags but it will be more economical in the long term.

We finally opened a window outside the wall around our compound. We sell bread from there. Customers were shy from entering through the gates to get their bread. Already, it has improved sales. We reintroduced brown bread as a healthier alternative; now, we have several types of specialty breads.

Naturally, we are still involved in helping some students with school fees: this year, Ann is providing a scholarship for a nursing student; Louise helps Fridah, a single mom from Kibaale, by contributing for two children's school fees. Locally, there is always an opportunity to help when funds are low due to illness or other temporary situations.

We joined the *Life Matters* radio broadcast on two occasions: we discussed a study on the impact of adverse childhood experiences such as abuse, divorce, or a parent's mental illness, and the way to mitigate the harm. In another episode, we shared the result of a large 2024 Canadian study showing a 40% increase in early death (by age 31) among women who experienced one or more pregnancies during their teenage years compared to those who did not [Teen Pregnancy and Risk of Premature Mortality | Pediatrics | JAMA Network Open | JAMA Network .

We had the pleasure of hosting Dr Sajel Nuwamanya, a US trained physician married to a Ugandan pastor, and her team and share our common work teaching fertility awareness.

And last but not least, here is an update about the St Raphael Hospital Project. During our stay, we held four Board Meetings: two online and two in person. We invited financial experts to come and join us and help us to secure the funding to begin construction of the pediatric facilities. All is in place to begin except that we are awaiting the certificate and recommendations for the Environmental and Social Impact Assessment.

We welcomed three additional members to our Finance Committee under Chair John Byabasaija. They recommended that we study funding strategies used for non-profit hospital projects as well as for-profit projects. They assumed responsibility for

that study and plan to share their results later this month. Another expert stated that our project was well-positioned to secure government funding. These are the avenues open to us in Uganda at this time besides the fundraising in the US among large foundations.

We hope you enjoy this update and are encouraged to continue your faithful support. We are so blessed to be able to do this work in your name. Continue to pray for us: that the hospital funding may come together soon, that the bakery becomes self-sustainable via contracts with schools, and that the Pregnancy Resource Center continues to grow in tandem with the bakery. Louise would love to welcome you to Uganda next September. In the meantime, stay blessed.

Always in His care,

Louise Allard/President

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Celebration Bakery/ Training Center and Pregnancy Resource Center in Gayaza






Naomi at work



Dr Sajel and her team, and Emily



An unusual load!