Alliance For Life International©



Report From Uganda

January 6, 2025

Dear Friends of the Alliance,

Welcome to 2026 in the Year of Our Lord. Starting the year in His realm is really a privilege. Even though the Lord is King of all, at the same time, he draws so much closer to those who are part of the family of faith, or to those who are seeking Him. We trust Him with all that is important to us because He cares while promising us joy and peace even in the midst of sorrow. So, we can trust and plan, and get engaged in life knowing He is right there on our side, cheering us on.

To give you a more precise account about the work of the Alliance in Uganda, let's share some significant numbers covering the last quarter. Emily, the Pregnancy Resource Center (PRC) Director visited four churches and introduced 120 women to the Billings Ovulation Method. Many had been experiencing the negative effects of hormonal contraception but did not know the cause of their ailments such as weight gain, spotting/bleeding going on for weeks, loss of libido, irritability, and mental fogginess to name a few. Some expressed a desire to stop their use and learn the BOM. Emily will have to follow them for the next four months as they become proficient with the method. Five women learned on the spot how to recognize their fertile phase and use that time for conception hoping for a highly desired child.

Emily followed-up with 206 women to continue the BOM monthly teaching. She hosted 16 radio programs *Life Matters,* and discussed subjects such as nutrition, stress management, depression, effects of abortion, natural family planning, youth unemployment and skill development, avoiding the pitfalls of social media, jealousy in the family, dealing with grief, etc. After each program, Emily received calls from listeners who needed a private conversation and resources.

During the last quarter, Emily conducted three church youth teaching on sexual integrity education using our Game Plan material. We were excited to present this teaching as it's been very difficult to teach it in schools.

We distributed children's clothing whenever a single mom would visit us at the office. All in all, this represents a fairly typical quarter of activities under our PRC. In this new year, would you please consider supporting the work of our PRC? You would be helping mothers and their children thrive in so many ways.

Louise was in Uganda for a six-week duration in Oct/Nov. Dr. Victoria Base-Smith from Ohio joined her for the last 3 weeks. Having a military background as an anesthesiologist on the front lines and at the university level, and having traveled extensively, Dr. Victoria was a keen observer and made several recommendations for our bakery operations.

She encouraged us to pursue our new policy requiring the stores to pay cash-on-delivery for our products instead of extending credit. She suggested we put a red label on our big bread thanking the customer for buying our bread since it enables us to help single pregnant mothers in crisis. Stores agreed to the changes and we remain in business! She reorganized the floor plan to match the new changes to our duplex. The landlord added a second story while we were there. Noise, dust, and disruption were daily occurrences but it all paid up in the end. They repainted our bakery/PRC inside, we added tiles to strategic areas and we fixed or added furniture; it looks brand new. Next, we will provide uniforms to our employees as we never got around to it except for the bakers who have a dress code.

While in Gayaza, Dr Victoria provided free medical exams to the staff at her hotel practically next door, the Eriot Center, and at Celebration Bakery. It reminds us of the Word of God: "A wicked messenger falls into trouble, but a faithful ambassador brings health (Prov 13: 17)."

We visited the Kibaale region and the St Luke Health Center 3 who is situated across the street from the site of the St Raphael Hospital Project. St Luke obtained a grant to equip their delivery room which is now operational due to a doctor who has started using it for cesarian sections. It is entirely possible that St Raphael and St Luke merge eventually so as not to duplicate services. St Luke is under the Hoima Catholic diocese, also a major St Raphael partner.

The pediatric designs are under review for approval by the Kibaale District. They were visiting the land this week. We paid for the Environmental and Social Impact Assessment and we are awaiting final approval from the governmental agency. In the meantime, we augmented our Financial Committee to handle the finances associated with such a project.

At the beginning of this new year, as we draw closer to our goal of beginning construction of the children's facilities, we encourage you to become a St Raphael Founding Member. This way, you ensure that we remain solvent in all that we do to

advance the project while you built a legacy of love. You may want to honor a loved one in that way.

The need for modern medical care surrounding birth is as acute as ever. Our Board Member Cyprian, put it in words recently as he became involved in helping local people to access care during maternal delivery. (See attached. Please forgive the sound quality but it is still audible). Often, it does not end well and it causes so much heartache.

Do you know someone who is a Board Member of a foundation involved in supporting health care? Please consider referring us as we seek capital to build the St Raphael Children's Hospital. See attached brochure to facilitate that task. We can provide more information as well. Most foundations do not accept requests for funds. They either seek their own organizations to support or they rely on personal recommendations. That's where you come in. We are the family of God. He chose us for such a purpose as to relieve suffering and save the lives of mothers and children.

Our Word for today from Proverbs 8:34-35: "Blessed is the man who listens to me, watching at the posts of my doors. For whoever finds me finds life, and obtains favor from the Lord." Each day, we receive encouragement and therefore we go forth in His name.

Always in His care,

Louise Allard/President



Namirembe diocese youth and student's convention after the sexual integrity program



Candidates of Sir Apollo primary school after attending the sexual integrity session prior to sitting for their National examinations.



Mothers' Union members after receiving the BOM lesson.



The seat of ALI-UG operations in Gayaza, suburb of Kampala. We occupy the first floor unit on the right. We have to redo all our signage!



Dr Victoria and local youth. The gift of a soccer ball. A new team is born!



Dr Victoria, Emily and Bernadette in our revamped quarters!



This young couple is the first to have a cesarian-section at St Luke Health Center